Health Sciences: Exercise Science Health Promotion

Tier I: Core Foundation (CF):			
15 Required Credits- Minimum grade of C. Complete within first 3 Semesters			
Written Communication	EN110: Freshman Composition	3	
Information Literacy	EN111: Writing for Research	3	
Quantitative Reasoning	MA161A: College Algebra and Trigonometry	3	
Oral Communication	CO210: Fundamentals of Communications	3	
Critical Thinking	CT101: Critical Thinking	3	
	Total	15	

	Health Science Core Courses	
SP	BI125/L Anatomy & Physiology II	4
FA/SP	HS216 Intro to Public Health	3
FA/SP	HS405 Epidemiology	3
FA	HS416 Research in Nursing & Health Sciences	3
FA	MA387/L Statistics for Sciences	4
FA/SP	NU112 Medical Terminology	2
FA	NU344 Aging: Myths & Realities	3
		Total 22

<u>Tier II: Diversity Foundation Themes (DF):</u>			
STEM: (One Course in this area must include a lab)			
Science & Math:	Any course with lab		4
Human Sciences:	HS200: Health & Wellness (FA/SP)		3
<u>Humanities:</u>			
Creative and Expressive:	Any		3
Human Systems & Organization:	Any		3
Cultural	Any		3
Uniquely UOG: 4 credits must be from a language			
	LANG		4
	Any		3
Direction Building:			
	PY101: General Psychology (FA/SP)		3
	BI124/L: Anatomy & Physiology I (FA)		4
	AL185: Human Nutrition (FA/SP)		3
		Total	33

Concentration Exercise Science & Health Promotion Requi	rements	
AL330 Nutrition Throughout the Lifespan	3	3
AL335 Nutrition for Health, Fitness and Sports	3	3
HS104 Conditioning and Fitness	1	L
HS105 Strength Training	1	L
HS106 Aerobics	1	L
HS210 Human Biology & Behavior	3	3
HS322 Kinesiology	3	3
HS324 Exercise Physiology	3	3
HS350 Test & Measurement in Exercise Science	3	3
HS355 Human Sexuality	3	3
HS451 Research and Report Writing	3	3
HS491 Special Topics in Health Sciences	3	3
HS491 Special Topics in Health Sciences	3	3
PA206 Public Health & Disease Management	3	3
ED201 Human Growth & Development	3	3
Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO	3	3
Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO	3	3
Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO	3	3
	Total 4	8
	AL330 Nutrition Throughout the Lifespan AL335 Nutrition for Health, Fitness and Sports HS104 Conditioning and Fitness HS105 Strength Training HS106 Aerobics HS210 Human Biology & Behavior HS322 Kinesiology HS324 Exercise Physiology HS350 Test & Measurement in Exercise Science HS355 Human Sexuality HS451 Research and Report Writing HS491 Special Topics in Health Sciences HS491 Special Topics in Health Sciences PA206 Public Health & Disease Management ED201 Human Growth & Development Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO	AL335 Nutrition for Health, Fitness and Sports HS104 Conditioning and Fitness HS105 Strength Training HS106 Aerobics HS210 Human Biology & Behavior HS322 Kinesiology HS324 Exercise Physiology HS350 Test & Measurement in Exercise Science HS355 Human Sexuality HS451 Research and Report Writing HS491 Special Topics in Health Sciences HS491 Special Topics in Health Sciences PA206 Public Health & Disease Management ED201 Human Growth & Development Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO

<u>Tier</u>	III- Capstone Experience		
Capstone Course	: 0 credits in GE (Course within major)		
Major Capstone Experience:	HS498: Internship		6
		Total	6

Total GE Credits 54

Total Graduation Credits 124

Health Sciences: Exercise Science Health Promotion

EN110 Freshman Composition (Written Communication) EN111 Writing for Research (Information Literacy) MAIGHA College Algebra and Trigomometry (Quantitative Reasoning) CO210 Fundamentals of Communication (Oral Communication) CTIO Critical Thioking (Critical Thioking) Tier II — Diversity Foundation Themes (DF): SEEM one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: AL101/L, AL102/L, AL109/L, AL136/L Bology: Bill00/L, Bill30/L, Bill201 Business Administration: BAL30, PA205 Computer Science: CS200 Gography: GE203/L Business Administration: BAL30, PA205 Computer Science: CS200 Any w/ Lab Computer Science: CS200 Computer Science: CS200 Any w/ Lab Business Administration: BAL30, PA205 Computer Science: CS200 Any w/ Lab Computer Science: CS200 Any w/ Lab Computer Science: CS200 Any w/ Lab Business Administration: BAL30, PA205 Computer Science: CS200 Any w/ Lab Computer Science: CS200 Computer Science: CS200 Control Political Science: PS215 Courter and Expressive: 3 credits Anthropology: AP201 Computer Science: CS200 Any Class Courter Thillo, Thill02 Any Class Courter Thillo, Thill02 Cultural Perspectives: 3 credits Anthropology: AP201 Any Class Courter Thillo, Thill02 Any Class Courter Thillo, CHIll03, Chil	C 1 E d	4° A 1 A Cl	- 4		
Name: ID #: Email:					
Phone: Email: Tier I - Core Foundation (CF): 15 required credits - Minimum grade of C. Complete within first 3 semesters EN110 Freshman Composition (Written Communication) EN111 Writing for Research (information Literacy) MAI61A College Algebra and Trigonometry Quantitative Reasoning) CO2010 Fundamentals of Communication (Ural Communication) CTIOL Critical Thinking (Critical Thinking) Tier II — Diversity Foundation Themes (DF): STEM (one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: AL1017, AL1097, AL1097, AL1367. Biology: BI1001, BI1033, B1201 Biology: BI1001, BI1033, B1201 Biology: BI1001, BI1033, B1201 Biology: BI1001, BI1037, AL1097, AL1367,			nts		
Tier I - Core Foundation (CF): 15 required credits - Minimum grade of C. Complete within first 3 semesters EN110 Freshman Composition (Written Communication) EN111 Writing for Research (Information Literacy) Malcha College Algebra and Frigonometry (Quantitative Reasoning) CO210 Fundamentals of Communication (Oral Communication) CTIO Critical Thinking (Critical Thinking) Tier II - Diversity Foundation Themes (DF): SIEM (one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: Al1017, A.1027, A.11097, A.1367. Biology: BIL007, A.1017, A.1027, A.11097, A.1367. Biology: BIL007, A.1027, A.1097, A.1367, A.1385 Anthropology: AN203 Philosophy: PY10 Insulant Systems of Organizations of Computer Science: CS200 Geography: GE101 Psychology: PY101 Insulant Systems of Organizations of Computer Science: PS215 IIS200 Business Science: Size of Science: PS215 IIS200 Political Science: PS215 IIS200 IIS200 IIS200 IIIS200 IIIIS200 IIIIS200 IIIIS200 IIIIS200 IIIIS200 IIIIS200 IIIIIS200 IIIIIS200 IIIIIS200 IIIIIIS200 IIIIIIIIII	Name:	ID #:			
EN10 Freshman Composition (Written Communication) EN11 Writing for Research (Information Literacy) MA161A College Algebra and Trigonometry (Quantitative Reasoning) CO210 Fundamentals of Communication (Oral Communication) CTIOI Critical Thinking (Critical Thinking) Tier II — Diversity Foundation Themes (DF): STEM (one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: AL10/1A, AL10/2A, AL10/9A, AL136A Biology: Bill0/1B, Bill0/3T, Bill201 Business Administration: BA120, PA205 Geography: GE203/1 Business Administration: BA120/1, AL136/1, AL1385 Anthropology: AN203 Biology: BI110/1 Beath Sciences: BS200 Political Science: PS215 Papilis EN210 Maske MU101, MU102, MU106, MU101, MU121 Business Administration: BA110 Communications: CO106 Political Science: S18200 Political Science: S18200 Political Science: S18200 Political Science: S18200 Political Science: PS201 Business Administration: BA110 Communications: CO106 Political Science: PS201 Business Administration: PA231 Busine	Phone:	Email:			
EN10 Freshman Composition (Written Communication) EN11 Writing for Research (Information Literacy) MA161A College Algebra and Trigonometry (Quantitative Reasoning) CO210 Fundamentals of Communication (Oral Communication) CTIOI Critical Thinking (Critical Thinking) Tier II — Diversity Foundation Themes (DF): STEM (one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: AL10/1A, AL10/2A, AL10/9A, AL136A Biology: Bill0/1B, Bill0/3T, Bill201 Business Administration: BA120, PA205 Geography: GE203/1 Business Administration: BA120/1, AL136/1, AL1385 Anthropology: AN203 Biology: BI110/1 Beath Sciences: BS200 Political Science: PS215 Papilis EN210 Maske MU101, MU102, MU106, MU101, MU121 Business Administration: BA110 Communications: CO106 Political Science: S18200 Political Science: S18200 Political Science: S18200 Political Science: S18200 Political Science: PS201 Business Administration: BA110 Communications: CO106 Political Science: PS201 Business Administration: PA231 Busine	Tion I Core Foundation (CF): 15 required another Minim	um and a of C. Campleto within first 2 as		SEM/VD	CR
EN11 Writing for Research (Information Literacy) MA1613 College Algebra and Trigonometry (Quantitative Reasoning) CO216 Fundamentals of Communication (Oral Communication) CT101 Critical Thinking (Critical Thinking) Tier II — Diversity Foundation Themes (DF): STEM (one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: AL1017., AL1027., AL109T., AL1367. Biology; B11001., B11037., B1201 Computer Science: CS200 Gography: GE2037. Math: MA115, MA151 Human Science: Stett-34 credits Agriculture: AL1017., AL1027., CH1037., CH1037. Political Science: PS215 Anthropology: AN203 Political Science: PS215 Psychology: PY101 Fleath Science: Stett-34 credits Art: AR101., AR102 Music MU101, MU102, MU106, MU110, MU121 Theater: Titl01, TH102 Music MU101, MU102, MU106, MU110, MU121 Theater: Titl01, TH102 Music MU101, MU102, MU106, MU110, MU121 Floritical Science: PS101 Political Science: PS101 Political Science: PS101 Political Science: PS101 Philosophy: PH10, PH102 Communications: CO106 Gegraphy: GE201 Philosophy: PH0, PH102 Mone and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Florical Science: PS202 History: H121, H124 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: B10007, B11007, B1037, B1201 Papilical Science: PS202 Florical Science: PS205 Flo			mesters	SEMI/ I K	3
MA161A College Algebra and Trigonometry (Quantitative Reasoning) CO210 Fundamentals of Communication (Oral Communication) CT101 Critical Thinking (Critical Thinking) Tier II — Diversity Foundation Themes (DF): STEM (one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: AL104T, AL102T, AL109/L, AL136/L Biology: BH00/L, BH03/L, BL201 Business Administration: BA130, PA205 Geography: GE203/L Mash: MA115, MA151 Human Sciences: Select 3-4 credits Anthropology: AN203 Philosophy: P1210 Biology: BH10/L Geography: GE101 Health Sciences: HS200 Music MU101, MU102, MU106, MU10, MU121 Theate: TH101, TH102 Music MU101, MU102, MU106, MU10, MU121 Theate: TH101, TH102 Music Streams & Organization: S credits Business Administration: BA110 Communications: CO106 Political Science: PS101 Philosophy: PH10, PH102 Communications: CO106 Political Science: PS202 Business Administration: BA110 Communications: CO206 Political Science: PS202 Any Class May Class Any Class Any Class Any Class Any Class Any Class History: HH21, HH22 Social Work: SW110 Education: ED265 Political Science: PS202 Any Class Any Class History: HH21, H123 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits of credits must be from a language) Biology: BH004, BH037, BH201 Peychology: PY100 Public Administration: PA201 Social Work: SW201 Any Class Direction Building (DB) PY101 Hill24/L Al188 FIET HII — Capstone Experience Course Taken SEM/YR SEM/YR SEM/YR					3
CO210 Fundamentals of Communication (Oral Communication) CT101 Critical Thinking (Critical Thinking) Courses Taken SEM/YR					3
Tier II – Diversity Foundation Themes (DF): Courses Taken SEMI/VR STEM (one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: ALIOIA, ALIOJA, CHIOJA, ALISS Anthropology: AN203 Philosophy: PL210 Biology: BLIIOJA, ALIOJA, ALIOJA, ALIOJA, ALISS Anthropology: AN203 Philosophy: PL210 Beatist Sciences: HS200 Philosophy: PL210 Beatist Sciences: HS200 Sociology: SO101, SO221 Humanities Creative and Expressive: 3 credits Art: ARIOJ, ARIOJA Humanities Art: ARIOJ, ARIOJA Musice MUIOJ, MUIOJA, MUIOJA, MUIOJA, MUIOJA Theater: THIOJ, THIOJA Humanities Creative and Expressive: 3 credits Ario, ARIOJA Humanities Creative and Expressive: 3 credits Humanities Ario, ARIOJA Humanities Creative and Expressive: 3 credits Humanities Ario, ARIOJA Humanities Creative and Expressive: 3 credits Humanities Ario, ARIOJA Humanities Ario, ARIOJA Any Class And Class Any Class Any Class Any Class And Class Any Cla		C,			3
Tier II – Diversity Foundation Themes (DF): STEM (one course in this area must include a lab) Science and Math: 3-4 credits Agriculture: Al.1017, Al.1027, Al.10911, Al.1367. Biology: Billoyd., Billoyd., Billoyd., Billoyd. Business Administration: BA130, PA205 Geography: GE20371, Chemistry: Clin040, CH0101, CH0021, CH10271. Human Sciences: Select 3-4 credits Agriculture: Al.1017, Al.1027, Al.10911, Al.13671, Al.185 Anthropology: AN203 Biology: Billoyd. Geography: GE101 Peychology: PY101 Health Sciences: HS200 Humanities Creative and Expressive: 3 credits Art: AR101, AR102 Human Systems & Organization: 3 credits Business Administration: BA110 Human Systems & Organization: 3 credits Business Administration: BA110 Human Systems & Organization: 3 credits Business Administration: BA110 Human Systems & Organization: 3 credits Business Administration: BA110 Human Systems & Organization: 3 credits Business Administration: BA110 Human Systems & Organization: 3 credits Business Administration: BA110 Human Systems & Organization: 3 credits Business Administration: PA203 Social Work: SW110 Sociology: SO202 Publica Science: PS101 Public Administration: PA233 Social Work: SW110 Contrard Perspectives: 3 credits Anthropology: AN101 Philosophy: P1101, P1102 Unitural Perspectives: 3 credits Anthropology: AN101 Philosophy: P1104, P1102 Philosophy: P1105, P1103 Philosophy: P1104, P1103 Philosophy: P1105, P1103 Philosophy: P1104, P1104 Philosophy: P1105, P1105 Philosophy: P1106, P1104, P1104 Philosophy: P1107, P1105 Philosophy: P1107, P1105 Philosophy: P1108 Philosophy:		,			3
Science and Math: 3-4 credits Agriculture: AL102L, AL102L, AL109L, AL136/L Biology: BH00L, BH03L, B103L, B1201 Business Administration: BA130, PA205 Geography: GE203L Computer Science: CS200 Geography: GE203L Geography: GE203L Human Sciences: Scienci - 4- credits Agriculture: AL101L, AL102L, AL109L, AL136/L, AL185 Anthropology: AN203 Biology: BH100L Geography: GE101 Psychology: SP110L Geography: GE101 Health Sciences: HS200 Bosilogy: BH100L Geography: GE101 Health Sciences: HS200 Bosilogy: SO101, SO221 Humanities Treative and Expressive: 3 credits Art: AR101, AR102 Music: MU101, MU102, MU106, MU110, MU121 Human Systems & Organization: 3 credits Business Administration: BA110 Geography: GE201 Humanities Tomunications: CO106 Political Science: PS101 Geography: GE201 History: H112, H1122 Social Work: SW110 Linguistics: LX101 Social Work: SW110 Sociology: SO202 Philosophy: P110, P1102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: P1103 Political Science: PS202 Biology: B1100L, B121 Biology: B100L, B123L Biology: B100L, B1					
Science and Math: 3-4 credits Agriculture: ALIOIL, AL102L, AL109L, AL109L, AL109L, AL109L, AL109L, AL109L, AL109L, AL109L, Computer Science: CS200 Any w/ Lab Business Administration: BA130, PA205 Geography: GE20JL Any w/ Lab Computer Science: CS200 CS200 CS200 CS200 CS200 CS200 CS200 CS200 CS200 C	Tier II – Diversity Foundation Themes (DF):		Courses Taken	SEM/YR	CR
Agriculture: AL101/L, AL102/L, AL109/L, AL136/L Biology: B1100/L, B1103/L, B1201 Business Administration: BA10 Human Sciences: Select 3-4 credits Agriculture: AL101/L, AL102/L, AL109/L, AL136/L, AL185 Anthropology: AN203 Philosophy: P1210 Biology: B1100/L Geography: GE203/L Any w/ Lab Philosophy: P1210 Biology: B1100/L Geography: GE201 Psychology: PY101 Beatt Science: S215 Psychology: PY101 Heatth Sciences: H8200 Business Administration: PA201 Business Administration: PA203 Any Class Any Class					7
Biology: BI100/L, BI103/L, BI201 Computer Science: CS200 Any w/Lab					
Business Administration: BA130, PA205 Geography: GE203/L Math: MA115, MA151		G			
Chemistry: CH100/L, CH101/L, CH102/L, CH103/L Math: MA115, MA151 Math: MA115, MA151		•	Any w/ Lab		4
Human Sciences: Select 3-4 credits Agriculture: AL101/L, AL102/L, AL109/L, AL136/L, AL185 Anthropology: AN203 Biology: BI110/L Geography: GE101 Psychology: PY101 Health Sciences: HS200 Humanities Creative and Expressive: 3 credits Art: AR101, AR102 Music: MU101, MU102, MU106, MU110, MU121 Theater: TH101, TH102 Human Systems & Organization: 3 credits Business Administration: BA110 Communications: CO106 Political Science: PS101 History: H1121, H1122 Social Work: SW110 Linguistics: LN101 Philosophy: PI101, PI102 Uniquely UOG (UU) Te-ded to the from a language) Biology: B1100/L, B1103/L, B1201 Psychology: PY100 Public Administration: PA201 Social Work: SW201 Any Class Linguistics: LN101 Philosophy: PI103, PI103 Philosophy: PI103, PI104 Philosophy: PI104, PI105 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: PI104, PI105 Political Science: PS202 Political Science: PS205 Political Science: PS205 Political Science: PS205 Political Science: PS205 Political Science: PS201 Language Decial Work: SW110 Language Course will perspectives: 3 credits Any Class Political Science: PS205 Politic	•				
Agriculture: AL101/L, AL102/L, AL109/L, AL185 Anthropology: AN203 Biology: BI110/L Geography: GE101 Beath Sciences: BS200 Sociology: SV101 Beath Sciences: BS200 Any Class Business Administration: BA110 Beath Sciences: BS200 Communications: CO106 Geography: GE201 Business Administration: BA110 Beath Science: BS101 Geography: GE201 Biotory: H1121, H1122 Social Work: SW110 Linguistics: IN101 Sociology: SO202 Philosophy: P1101, P1102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Beducation: ED265 Biotory: H111, H1243 Social Work: SW201 Voiliteal Science: PS202 Any Class Biology: B100/L, B1103/L, B1201 Biology: B100/L, B103/L, B1201 Biology: B		Madic Millio, Millor			<u> </u>
Anthropology: AN203					
Biology: BI110/L Political Science: PS215 HS200 Hs200 Psychology: PY101 Health Sciences: HS200 Sociology: SO101, SO221 Humanities		Philosophy: PI210			
Realth Sciences: HS200			HS200		3
Health Sciences: HS200 Sociology: SO101, SO221 Humanities					
Creative and Expressive: 3 credits Art: AR101, AR102 Music: MU101, MU102, MU106, MU110, MU121 Theater: TH101, TH102 Human Systems & Organization: 3 credits Business Administration: BA110 Communications: CO106 Political Science: PS101 Geography: GE201 Public Administration: PA233 History: HI121, HI122 Social Work: SW110 Linguistics: LN101 Sociology: SO202 Philosophy: P1101, P1102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: P1103 Political Science: PS202 History: HI211, HI243 Social Work: SW201 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: B1100/L, B1103/L, B1201 Education: ED265 Public Administration: PA201 Education: ED265 Public Administration: PA201 Education: ED265 English: EN213 History: HI211, HI243 LANGUAGE: Any 101 language Language Japanese: JA215 Political Science: PS205 Direction Building (DB) 9-11 credits 1 CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III - Capstone Experience English: EN210 Any Class Any Class Any Class Any Class Any Class Any Class FY101 Language Any Class FY101 B1124/L B112	~				
Art: AR101, AR102 Music: MU101, MU102, MU106, MU110, MU121 Theater: TH101, TH102 Human Systems & Organization: 3 credits Business Administration: BA110 Communications: CO106 Political Science: PS101 Geography: GE201 Public Administration: PA233 History: H1121, H1122 Social Work: SW110 Linguistics: LN101 Sociology: SO202 Philosophy: P1101, P1102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: P1103 Any Class Any Class Any Class Any Class Any Class Any Class I Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: B1100/L, B1103/L, B1201 Education: ED265 Public Administration: PA201 Education: ED265 Public Administratio	Humanities				9
Music: MU101, MU102, MU106, MU110, MU121 Theater: TH101, TH102 Human Systems & Organization: 3 credits Business Administration: BA110 Health Science: BS200 Communications: CO106 Political Science: PS101 Geography: GE201 Public Administration: PA233 History: H1121, H1122 Social Work: SW110 Philosophy: P1101, P1102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: P1103 Education: ED265 Political Science: PS202 Any Class History: H1211, H1243 Social Work: SW201 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: B1100/L, B1103/L, B1201 Psychology: PY100 Education: ED265 Public Administration: PA201 Language English: EN213 Social Work: SW110 History: H1211, H1243 LANGUAGE: Any 101 language Course. *Only 1 Lanaguage course will be counted Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III - Capstone Experience Courses Taken SEM/YR	Creative and Expressive: 3 credits				
Music: MU101, MU102, MU106, MU110, MU121 Theater: TH101, TH102 Human Systems & Organization: 3 credits Business & Administration: BA110 Health Sciences: HS200 Communications: CO106 Political Science: PS101 Geography: GE201 Public Administration: PA233 Any Class History: H1121, H1122 Social Work: SW110 Linguistics: LN101 Sociology: SO202 Philosophy: PI101, PI102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: PI103 Education: ED265 Political Science: PS202 Any Class History: H1211, H1243 Social Work: SW201 Any Class Winiquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: B1100/L, B1103/L, B1201 Psychology: PY100 Education: ED265 Public Administration: PA201 Language English: EN213 Social Work: SW110 History: H1211, H1243 LANGUAGE: Any 101 language Japanese: JA215 course. *Only 1 Lanaguage course will Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III - Capstone Experience Courses Taken SEM/YR		· ·	Any Class		3
Business Administration: BA110 Communications: CO106 Political Science: PS101 Geography: GE201 Public Administration: PA233 History: HI121, HI122 Social Work: SW110 Linguistics: LN101 Philosophy: PI101, PI102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Education: ED265 Political Science: PS202 History: HI211, HI243 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Psychology: PY100 Education: ED265 Public Administration: PA201 Education: ED265 Public Administration: PA201 Education: ED265 Public Administration: PA201 Language Language Language Language Diolegy: BI100/L, BI103/L, BI201 Psychology: PY100 Education: ED265 Public Administration: PA201 Language Language Language Diolegic Any 101 language Course. *Only 1 Lanaguage course will Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III - Capstone Experience Courses Taken SEM/YR		Theater: TH101, TH102	3		L
Communications: CO106 Geography: GE201 Geography: GE201 History: HI121, HI122 Social Work: SW110 Linguistics: LN101 Sociology: SO202 Philosophy: PI101, PI102 Cultural Perspectives: 3 credits Anthropology: AN101 Education: ED265 Political Science: PS202 History: HI211, HI243 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Education: ED265 Public Administration: PA201 Education: ED265 Public Administration: PA201 Language English: EN213 Language Language: JA215 Focial Work: SW110 History: HI211, HI243 Language Language Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Courses Taken SEM/YR Any Class Any Class Any Class FY101 B1124L AL185 Any Class SEM/YR	• 0	H LLC: HCOO			_
Geography: GE201					
History: HI121, HI122 Social Work: SW110 Philosophy: PI101, PI102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: PI103 Education: ED265 Political Science: PS202 Any Class Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Psychology: PY100 Education: ED265 Public Administration: PA201 Language English: EN213 Social Work: SW110 History: HI211, HI243 Social Work: SW110 Education: ED265 Public Administration: PA201 Language Inspection Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III - Capstone Experience Social Work: SW110 Prilosophy: PY100 Language Any Class Any Class Any Class PY101 B1124/L ALNGUAGE: Any 101 language Course. *Only 1 Lanaguage course will B1124/L AL185 Tier III - Capstone Experience					
Linguistics: LN101 Philosophy: PI101, PI102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: PI103 Education: ED265 Political Science: PS202 Any Class Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Psychology: PY100 Education: ED265 Public Administration: PA201 Education: ED265 Public Administration: PA201 Language English: EN213 Social Work: SW110 History: HI211, H1243 LANGUAGE: Any 101 language Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III – Capstone Experience Course Taken SEM/YR	~		Any Class		3
Philosophy: PI101, PI102 Women and Gender: WG101 Cultural Perspectives: 3 credits Anthropology: AN101 Philosophy: PI103 Education: ED265 Political Science: PS202 Any Class History: HI211, HI243 Social Work: SW201 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Psychology: PY100 Education: ED265 Public Administration: PA201 Language English: EN213 Social Work: SW110 History: HI211, HI243 LANGUAGE: Any 101 language Japanese: JA215 course. *Only 1 Lanaguage course will Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III – Capstone Experience Course Taken SEM/YR	•				
Cultural Perspectives: 3 credits Anthropology: AN101					
Education: ED265 History: HI211, HI243 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Education: ED265 Public Administration: PA201 Education: ED265 English: EN213 Social Work: SW110 History: HI211, HI243 LANGUAGE: Any 101 language Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration outside major requirements Tier III - Capstone Experience Posicial Science: PS202 Any Class Any Class Any Class PY101 PY101 BI124/L AL185 SEM/YR					
History: HI211, HI243 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Education: ED265 Public Administration: PA201 History: HI211, HI243 LANGUAGE: Any 101 language Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Social Work: SW201 Language Language Any Class Any Class PY101 PY101 BI124/L BI124/L AL185 Courses Taken SEM/YR	Anthropology: AN101	Philosophy: PI103			
History: H1211, H1243 Modern Language: JA217 Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Education: ED265 Public Administration: PA201 History: H1211, H1243 LANGUAGE: Any 101 language Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Social Work: SW10 Language Any Class PY101 PY101 BI124/L AL185 Tier III – Capstone Experience	Education: ED265	Political Science: PS202	Amy Class		3
Uniquely UOG (UU) 7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Education: ED265 English: EN213 History: H1211, H1243 Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Psychology: PY100 Psychology: PY100 Language Language Language Any Class Any Class PY101 BI124/L AL185 Tier III – Capstone Experience	History: HI211, HI243	Social Work: SW201	Ally Class		
7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201					
Biology: BI100/L, BI103/L, BI201					8
Education: ED265 Public Administration: PA201 Language English: EN213 Social Work: SW110 History: HI211, HI243 LANGUAGE: Any 101 language Japanese: JA215 course. *Only 1 Lanaguage course will be counted Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III – Capstone Experience Courses Taken SEM/YR		D 1 1 DV/100			
English: EN213 History: HI211, HI243 Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements Course. Taken Sem/yr					
History: HI211, HI243 Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements LANGUAGE: Any 101 language course will be counted Any Class PY101 PY101 BI124/L AL185 Tier III – Capstone Experience Courses Taken SEM/YR			Language		4
Japanese: JA215 Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements PY101 B1124/L AL185 Tier III – Capstone Experience Courses Taken SEM/YR					
Political Science: PS225 Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements PY101 BI124/L AL185 Tier III – Capstone Experience Courses Taken SEM/YR	•		Any Class		3-4
Direction Building (DB) 9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements PY101 BI124/L AL185 Tier III – Capstone Experience Courses Taken SEM/YR	•		inj ciass		3-4
9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements PY101 BI124/L AL185 Tier III – Capstone Experience Courses Taken SEM/YR					10
2) DF or Major Exploration 3) DF Exploration outside major requirements Tier III - Capstone Experience Courses Taken SEM/YR	9-11 credits				
3) DF Exploration outside major requirements AL185 Tier III - Capstone Experience Courses Taken SEM/YR	1) CF, DF or UU as Pre-Req (Can be within a declared Major)		PY101		3
Tier III – Capstone Experience Courses Taken SEM/YR	2) DF or Major Exploration		BI124/L		4
	3) DF Exploration outside major requirements		AL185		3
	Tion III Constone Experience	<u>——</u>	Course-T-1	CEM/A/D	CD
(anciano i mirco: III rodite in L.E. (L'alirea Within Major)	Capstone Course: 0 Credits in GE (Course within Major)		Courses Taken	SEIVI/YK	CR

1) Major Capstone Experience

As of Catalog Year: 2023 - 2024

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