

Health Sciences: Exercise Science Health Promotion

Tier I: Core Foundation (CF):

15 Required Credits- Minimum grade of C. Complete within first 3 Semesters

Written Communication	EN110: Freshman Composition	3
Information Literacy	EN111: Writing for Research	3
Quantitative Reasoning	MA161A: College Algebra and Trigonometry	3
Oral Communication	CO210: Fundamentals of Communications	3
Critical Thinking	CT101: Critical Thinking	3
Total		15

Tier II: Diversity Foundation Themes (DF):

STEM: (One Course in this area must include a lab)

Science & Math:	Any course with lab	4
Human Sciences:	HS200: Health & Wellness (FA/SP)	3

Humanities:

Creative and Expressive:	Any	3
Human Systems & Organization:	Any	3
Cultural	Any	3

Uniquely UOG: 4 credits must be from a language

	LANG	4
	Any	3

Direction Building:

	PY101: General Psychology (FA/SP)	3
	BI124/L: Anatomy & Physiology I (FA)	4
	AL185: Human Nutrition (FA/SP)	3
Total		33

Tier III- Capstone Experience

Capstone Course: 0 credits in GE (Course within major)

Major Capstone Experience:	HS498: Internship	6
Total		6

Total GE Credits 54

Health Science Core Courses

SP	BI125/L Anatomy & Physiology II	4
FA/SP	HS216 Intro to Public Health	3
FA/SP	HS405 Epidemiology	3
FA	HS416 Research in Nursing & Health Sciences	3
FA	MA387/L Statistics for Sciences	4
FA/SP	NU112 Medical Terminology	2
FA	NU344 Aging: Myths & Realities	3
Total		22

Concentration Exercise Science & Health Promotion Requirements

FA	AL330 Nutrition Throughout the Lifespan	3
SP	AL335 Nutrition for Health, Fitness and Sports	3
FA/SP	HS104 Conditioning and Fitness	1
FA/SP	HS105 Strength Training	1
FA/SP	HS106 Aerobics	1
FA	HS210 Human Biology & Behavior	3
FA	HS322 Kinesiology	3
SP	HS324 Exercise Physiology	3
SP	HS350 Test & Measurement in Exercise Science	3
SP	HS355 Human Sexuality	3
SP	HS451 Research and Report Writing	3
FA/SP	HS491 Special Topics in Health Sciences	3
FA/SP	HS491 Special Topics in Health Sciences	3
FA	PA206 Public Health & Disease Management	3
FA/SP	ED201 Human Growth & Development	3
	Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO	3
	Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO	3
	Elective Advisor Approved: HS/BI/CH/AL/PE/PH/PY/SO	3
Total		48

Total Graduation Credits 124

Health Sciences: Exercise Science Health Promotion

General Education Advisement Sheet

for Students who enter UOG Fall 2017 and transfer students

Name:	ID #:
Phone:	Email:

Tier I - Core Foundation (CF): 15 required credits – Minimum grade of C. Complete within first 3 semesters	SEM/YR	CR
EN110 Freshman Composition (Written Communication)		3
EN111 Writing for Research (Information Literacy)		3
MA161A College Algebra and Trigonometry (Quantitative Reasoning)		3
CO210 Fundamentals of Communication (Oral Communication)		3
CT101 Critical Thinking (Critical Thinking)		3

Tier II – Diversity Foundation Themes (DF):	Courses Taken	SEM/YR	CR
STEM (one course in this area must include a lab)			7
Science and Math: 3-4 credits Agriculture: AL101/L, AL102/L, AL109/L, AL136/L Biology: BI100/L, BI103/L, BI201 Business Administration: BA130, PA205 Chemistry: CH100/L, CH101/L, CH102/L, CH103/L Computer Science: CS200 Geography: GE203/L Math: MA115, MA151	Any w/ Lab		4
Human Sciences: Select 3-4 credits Agriculture: AL101/L, AL102/L, AL109/L, AL136/L, AL185 Anthropology: AN203 Biology: BI110/L Geography: GE101 Health Sciences: HS200 Philosophy: PI210 Political Science: PS215 Psychology: PY101 Sociology: SO101, SO221	HS200		3
Humanities			9
Creative and Expressive: 3 credits Art: AR101, AR102 Music: MU101, MU102, MU106, MU110, MU121 English: EN210 Theater: TH101, TH102	Any Class		3
Human Systems & Organization: 3 credits Business Administration: BA110 Communications: CO106 Geography: GE201 History: HI121, HI122 Linguistics: LN101 Philosophy: PI101, PI102 Health Sciences: HS200 Political Science: PS101 Public Administration: PA233 Social Work: SW110 Sociology: SO202 Women and Gender: WG101	Any Class		3
Cultural Perspectives: 3 credits Anthropology: AN101 Education: ED265 History: HI211, HI243 Modern Language: JA217 Philosophy: PI103 Political Science: PS202 Social Work: SW201	Any Class		3
Uniquely UOG (UU)			8
7-8 credits (4 credits must be from a language) Biology: BI100/L, BI103/L, BI201 Education: ED265 English: EN213 History: HI211, HI243 Japanese: JA215 Political Science: PS225 Psychology: PY100 Public Administration: PA201 Social Work: SW110 LANGUAGE: Any 101 language course. *Only 1 Lanaguage course will be counted	Language		4
	Any Class		3-4
Direction Building (DB)			10
9-11 credits 1) CF, DF or UU as Pre-Req (Can be within a declared Major) 2) DF or Major Exploration 3) DF Exploration outside major requirements	PY101 BI124/L AL185		3 4 3
Tier III – Capstone Experience	Courses Taken	SEM/YR	CR
Capstone Course: 0 Credits in GE (Course within Major) 1) Major Capstone Experience	HS498		6