# I AM A CLOSE CONTACT TO A **COVID-19 POSITIVE CASE**

IF YOU HAVE DIFFICULTY BREATHING, SEEK MEDICAL ATTENTION IMMEDIATELY.

## I DON'T FEEL SICK

DID YOU TEST POSITIVE FOR COVID-19 IN THE LAST 90 DAYS?

NO

### YOU DO NOT HAVE TO **OUARANTINE**

**YES** 

Wearing a well-fitting mask around other people for 10 days from exposure is highly encouraged.

If possible, get tested after 5 days from exposure.

YES

Did you receive 2 doses of Pfizer-BioNTech or Moderna or 1 Dose of Johnson & Johnson vaccine at least 2 **weeks** before you were exposed?

### NO

**Quarantine:** Stay at home and away from others for 10 days since last exposure OR

5 days since last exposure with a negative test after day 5.

# I FEEL SICK

GET TESTED AND STAY HOME UNTIL YOU RECEIVE YOUR RESULTS

#### **POSITIVE** for COVID-19:

### **ISOLATE:**

Stay at home and away from others within the household for 5 days after symptom onset.

If symptoms are getting worse, call your doctor for guidance and treatment options or dial 911.

### NEGATIVE for COVID-19

#### **OUARANTINE:**

Stay at home and away from others for 10 days since last exposure.

#### OR

5 days since last exposure with a negative test after day 5

For more information, visit dphss.guam.gov/covid-19 or dial 311 and select option 1 on weekdays from 8AM - 9PM and on weekends and holidays from 8AM - 5PM.







Isolation & Quarantine Flow Chart - issued July 12, 2022 Based on Executive Order 2022-13 and DPHSS Guidance Memo 2021-16 Rev. 3.

For official guidance, visit dphss.guam.gov or CLICK HERE

\*Close contacts are someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes. (Source: cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html)