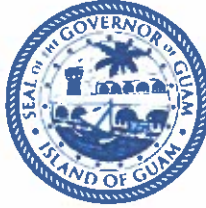


LOURDES A. LEON GUERRERO
GOVERNOR



JOSHUA F. TENORIO
LT. GOVERNOR

UFISINAN I MAGA'HÅGAN GUÅHAN
OFFICE OF THE GOVERNOR OF GUAM

MEMORANDUM

DATE: January 21, 2025

TO: All Department and Agency Heads

FROM: Lourdes A. Leon Guerrero, Governor of Guam 

SUBJECT: GOVERNMENT OF GUAM WORKSITE WELLNESS PROGRAM

Hafa Adai,

The Department of Public Health and Social Services is holding the annual Government of Guam Worksite Wellness Program (WWP) Recommitment on Friday, January 31, 2025, at the University of Guam Calvo Field House from 1:00 PM to 5:00 PM.

Prior to COVID-19, the WWP Recommitment Event was held annually to motivate our Government of Guam workforce to commit to their health and wellness goals for the new year. The WWP was implemented in 2012 by Executive Order 2012-07, allowing Government of Guam employees to exercise and participate in approved wellness activities up to one hour a day, three times a week, to promote healthy lifestyles, based on supervisor approval.

The 2025 WWP Recommitment Event will feature health screening services to establish baseline health measures. Various fitness centers, gyms, and health spas have been invited. Activities such as basketball, volleyball, Zumba, and TaTuHa Hula Fitness will be offered.

All participants will be granted up to four (4) hours of administrative leave to attend this event. Please see attached flier for more information.

Si Yu'os Ma'ase.



GOVERNMENT OF GUAM



WORKSITE WELLNESS RECOMMITMENT

**January 31, 2025
1:00 PM – 4:00 PM
UOG Calvo Field House**

Join us as we celebrate the importance of employee health. Continuity of physical fitness and wellness program benefits!

Participate in fun activities:

Basketball

Volleyball

Zumba

TaTuHa Hula Fitness

4 HOURS

ADMIN LEAVE

**GRANTED TO GOV GUAM EMPLOYEES
TO ATTEND**

**For more information email reina.santos@dphss.guam.gov or
grace.bordallo@dphss.guam.gov**